

## Canteen

### *Opening times*

Breakfast:	08:00 – 08:30
Break time:	10:55 – 11:15
Lunch time:	13:15 – 14:05

### *Healthy eating*

Healthy packed lunches should be eaten in the canteen. In line with our healthy food policy, we recommend no crisps, chocolate, sweets or fizzy/energy drinks. The school canteen does not sell these items and we would appreciate your support in encouraging your child to eat healthily.

### *An example of a weekly menu*

	Mon	Tues	Wed	Thurs	Fri
<b>Main (1)</b>	Beef chilli or veg chilli with rice	Cottage pie	Roast Chicken with season veg	Aromatic chicken with rice	Freshly battered fillet of fish
<b>Main (2)</b>	Seasonal salad	Pesto pasta with chicken and herbs	Meat pie	BBQ chicken	
<b>Veg option</b>	Suffered pepper with corn and rice	Quorn cottage pie	Mushroom risotto in herb sauce	Veg curry, chick peas & sweet potato	Mixed bean and beg burrito
<b>Sides</b>	Potato wedges	Green beans	Roast potatoes	Wholegrain rice	Chips/beans
<b>Dessert</b>	Pineapple upside down cake	Carrot cake or choc chip muffins	Sponge pudding	Jelly	

Available every day are: paninis, jacket potatoes, rolls and salads with a variety of fillings

### *ParentPay*

The school operates a cashless canteen biometric system. Cash will not be accepted at the point of sale. We now use ParentPay so that you can top up your child's account online. An activation letter for ParentPay will be issued to you separately.

### *Free School Meals*

Students entitled to Free School Meals will have a fixed amount credited to their account each day, which must be used by lunchtime. The monies may be used to purchase any item in the canteen. This may also be topped up by students.

### *Water*

Educationally, water is good for the brain. All students should have water with them in school. They are allowed to drink this in lessons. Water is available in the canteen at break and lunchtimes and also from a water fountain situated outside of the canteen, in the Quiet Area.